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Metal nanoparticles, silver nanoparticles and their impact on human and animal health (review)

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ABSTRACT

Introduction. Due to increased prevalence of different diseases and antimicrobial resistance development in recent year, such advancements of the humankind as nanomaterials have gained the significance. A relatively small amount of data (lack of data) on biological distribution, pharmacokinetics and potential toxicity of nanometals for the organism hinders the development of safer and more effective drugs.

Objective. Analysis and summary of data published in modern scientific literature on studies of metal nanoparticles and silver nanoparticles, their distribution and impact on human and animal health, as well as their use in biomedicine and veterinary medicine.

Materials and methods. Publications were searched for in eLIBRARY.RU, cyberleninka.ru, scholar.google.ru, www.mdpi.com, www.researchgate.net, www.sciencedirect.com, PubMed database. The literature published during last six years and more recent publications have been used.

Results. Nanostructures can be organic, inorganic and hybrid. One of the most studied inorganic materials are metal nanoparticles. They are widely used both in engineering and biomedicine, in particular in veterinary medicine, as bactericidal and virucidal agents, anti-cancer drugs and diagnostic tools. In the CIS members, silver nanoparticles are most commonly used. It is known that shape, size and surface electric charge affect the antibacterial activity of nanostructures. Several types of silver-based drugs are available at the market now: colloidal, silver cluster and zerovalent silver. Zerovalent silver-based drugs are least toxic. Nanoparticle-based drugs can reach target tissues through local administration such as oral, inhalation, subcutaneous administration, and directly into blood flow by intraperitoneal or intravenous injection. Biodistribution of metal nanostructures depends on particle type, their size, surface, interaction with proteins as well as routes of exposure, doses and hydrophobic properties. Pharmacokinetics of silver nanoparticles does not differ from that of metal nanoparticles, furthermore nanosilver does not accumulate in spleen, liver, kidneys and lungs which is potentially toxic.

Conclusions. Further in-depth studies of nanoparticle biodistribution, compatibility and potential toxicity are needed to facilitate the development of more effective and safe therapeutic drugs.

Keywords: review, nanoparticle types, metal nanoparticles, nanosilver, biodistribution, nanosilver drugs, bactericidal activity, toxicity

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Наночастицы металлов, наночастицы серебра и их влияние на организм человека и животных (обзор литературы)

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РЕЗЮМЕ

Введение. В связи с ростом числа заболеваний различной этиологии и развитием антибиотикорезистентности в последние несколько лет возросла значимость такого достижения человечества, как наноматериалы. Сравнительно небольшое количество данных (недостаток данных) о биораспределении, фармакокинетике, а также потенциальной токсичности нанометаллов для организма замедляет разработку более безопасных и эффективных лекарственных средств.

Цель исследования. Анализ и обобщение данных современной научной литературы, посвященной изучению наночастиц металлов и наночастиц серебра, их распределения и влияния на организм человека и животных, а также по применению в сфере биомедицины и ветеринарии.

Материалы и методы. Поиск источников производился в системах eLIBRARY.RU, cyberleninka.ru, scholar.google.ru, www.mdpi.com, www.researchgate.net, www.sciencedirect.com, базе данных PubMed. Использовалась литература, опубликованная за последние 6 лет, и более ранние исследования.

Результаты. Нанозлементы делят на органические, неорганические и гибридные. Одной из наиболее изученных неорганических наноструктур являются наночастицы металлов. Они находят широкое применение как в инженерии, так и в биомедицине (ветеринарии) в качестве бактерицидного и вирулицидного агента, средств для борьбы с раком, а также в сфере диагностики. На территории СНГ популярными нанометаллами являются наночастицы

серебра. Известно, что на антибактериальную активность нанобъектов влияют их форма, размер и поверхностный заряд. Сейчас на фармацевтическом рынке существует несколько видов препаратов серебра, представленные в различных формах: коллоидное (катионное), кластерное и нульвалентное (металлическое) серебро. Препараты нульвалентного серебра наименее токсичны по сравнению с остальными. Лекарства на основе наноразмерных частиц можно вводить оральным, ингаляционным и дермальным способами, а также непосредственно в системный кровоток посредством внутривенной или внутривенной инъекции. Биораспределение металлических наноструктур зависит от типа частиц, их размера, поверхностного заряда, поверхностного покрытия, связи с белками, а также от путей воздействия, дозы и гидрофобности. Фармакокинетика наночастиц серебра не отличается от распределения наночастиц металлов, при этом наноразмерное серебро способно накапливаться в селезенке, печени, почках и легких, что может вызывать потенциальный токсический эффект.

Заключение. Необходимы дальнейшие углубленные исследования биораспределения, совместимости и потенциальной токсичности наночастиц, которые помогут разработать более эффективные и безопасные лекарственные препараты.

Ключевые слова: обзор, виды наночастиц, наночастицы металлов, наносеребро, биораспределение, препараты наносеребра, антибактериальная активность, токсичность

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INTRODUCTION

Overuse of antimicrobials inhibits the symbiotic microflora and contributes to the development of drug-resistant pathogens, thus hindering the drug therapeutic action and causing side effects and complications. New resistant mechanisms of some pathogens threaten the scope of treatment for many infectious diseases. Successful treatment of even common illnesses such as pneumonia, sepsis, and foodborne diseases is hindered and sometimes impossible due to the reduced effectiveness of antimicrobials¹. The growing global antimicrobial resistance (AMR) concern has created an urgent need to reduce the use of antimicrobials and search for the most effective drugs to replace them [1].

The field of nanotechnology is growing rapidly. The use of nanomaterials to face biomedical and veterinary challenges, such as the diagnosis and treatment of various diseases, is currently one of the priority scientific trends. Metal nanoparticles (MNPs) proposed for use in public and animal health possessing unique chemical and biological properties that make them versatile in their functions are of particular interest among the wide range of nanoparticles (NPs) [2].

Currently, there are three main groups of action of nanostructures on biological objects:

- 1) modification (iron and copper NPs);
- 2) toxicity (NPs of copper, aluminum oxide, silver, iron, iron hydroxide);
- 3) mutagenicity (NPs of silicon, nickel hydroxide, iron oxide, titanium dioxide, gold, zinc oxide, copper oxide and silver) [2].

The most commonly used metal NPs are silver, gold, iron oxide, copper and zinc [3]. In veterinary medicine, these nanomaterials are mainly used as antiviral and antimicrobial agents [4].

Silver nanoparticles (AgNPs) are of particular interest among MNPs. They are mainly used for antimicrobial and anticancer therapy. AgNPs are also applied in the promotion of wound repair and bone healing, or as the vaccine adjuvants and anti-diabetic agents [5].

While nanotechnology is regarded as one of the foremost technologies already applied in diverse subjects, its application in veterinary science is still in its infancy stages when compared to other sister disciplines. Herewith, it already has revealed new opportunities in molecular biology, biotechnology, and has revolutionized virtually all veterinary medicine and animal science disciplines these days by offering new, small-scale devices and materials that are beneficial to living organisms [6]. NPs increasingly invade animal therapeutics, diagnostics, production of veterinary vaccines, used as farm disinfectants, for animal breeding and reproduction, and even in the field of animal nutrition. Their replacement of commonly used antibiotics directly reflects on the public health, as they minimize the problem of drug resistance in both human and veterinary medicine, and the problem of drug residues in milk and meat [7].

Nanometals-based products, particularly AgNP-based products, are actively studied and used as antimicrobial, antiviral, antifungal [8] and antitumor agents, as well as analgesic drugs [9] and dietary supplements to increase animal performance, improve their immunity, and even as a part of a synergetic anti-AMR bacteria system [10, 11, 12, 13].

Despite the fact that nanoobjects are already being used to solve various biomedical and veterinary problems, there is currently insufficient data on the bio-distribution of nanoelements in the body. At the same time, understanding the patterns of NPs distribution in the body, taking into account their different composition and structure, is of paramount importance for identification of the prospects of their further biological and medical use [14].

¹ The World Health Organization. Antibiotic resistance. <https://www.who.int/ru/news-room/fact-sheets/detail/antibiotic-resistance>

The paper reviews the achievements in nanomaterial use over the past 20 years. This review is intended to provide valuable information for researchers interested in the medical and veterinary applications of MNPs, namely of AgNPs.

The purpose of the work is to analyze and summarize the data of modern scientific literature on the study of MNPs and AgNPs, in particular in the field of biomedicine and veterinary medicine, as well as on the study of their distribution and impacts on the human and animal body.

MATERIALS AND METHODS

The research data concerning the study of MNPs, namely of AgNPs, over the past 20 years have been used for this review. The published data on the properties of MNPs and AgNPs, their impact on the human and animal body, and their application in the field of veterinary medicine and biomedicine have been analyzed.

The literature was searched and analyzed using the following online resources: eLIBRARY.RU, cyberleninka.ru, scholar.google.ru, www.mdpi.com, www.researchgate.net, www.sciencedirect.com, PubMed databases.

Foreign and domestic reviews (57%) on NPs, their types, synthesis, distribution and impacts on the body, application in various fields; and research papers (43%), presenting the results of the studies on the use of MNPs and AgNPs as diagnostic agents, therapeutic drugs, dietary supplements and others have been selected for the analysis. 66% of the publications analyzed have been published over the past 6 years (11.5% of them were published in 2023, 7.7% in 2024), and 34% are earlier studies.

TYPES OF NANOPARTICLES USED IN MEDICINE AND DIAGNOSTICS

To date, many types of NPs have been developed that are used in the biomedical and veterinary fields. NPs are divided into organic, inorganic and hybrid. Most organic nanostructures are biocompatible, biodegradable, and non-toxic, while most inorganic NPs are smaller in size, exhibit better penetration capability, drug loading capacity, excellent stability, tunable degradation rates and release profile [15, 16, 17, 18, 19].

Inorganic NPs include particles of metals or their oxides, semiconductor NPs (silicon oxide), which include quantum dots, as well as carbon derivatives (graphene, fullerenes, carbon nanotubes). Organic nanoobjects are represented by structures based on lipids and their derivatives (liposomes, lipid NPs, micelles), as well as synthetic compounds of a polymeric nature: linear (classical) and branched (dendrimers, dendrons) [15].

In this review, inorganic NPs, namely MNPs, are focused on. They can be produced in the form of spheres, nanocapsules, rods and other shapes that are highly stable and effective in various conditions with easily controlled physicochemical properties. Unfortunately, MNPs have some drawback: the complexity of manufacturing (uniformly sized, homogeneous in shape and surface charge) and the difficulty of eliminating them from the body [20].

The most commonly used MNPs in biomedicine are gold, silver, copper oxide, zinc oxide, magnesium oxide, iron oxide, titanium dioxide, and aluminum NPs [21, 22, 23, 24, 25].

Silver nanoparticles have long been widely studied to be used in various fields of biomedicine and veterinary medicine due to their antimicrobial properties and antioxidant activity [26]. They are effective both against gram-negative and gram-positive bacteria and are incorporated into fabric wound dressings [27].

Gold nanoparticles are another group of MNPs that are being extensively explored and have shown promise in medicine and diagnostics, for example, antibacterial, in anticancer therapy for targeted drug delivery and reducing the tumor growth. In addition, AgNPs are used in spectroscopy and to enhance optical imaging [28, 29].

In addition, the last frequently explored group of MNPs are *metal oxides*. The use of zinc oxide, ZnO; copper (II) oxide, CuO; magnesium oxide, MgO; titanium (IV) oxide, TiO₂; aluminum oxide, Al₂O₃; iron (II, III) oxide, Fe₃O₄ has been studied for a long time [30, 31, 32, 33, 34, 35, 36, 37].

Iron oxide is currently gaining popularity due to its magnetic properties. Iron oxide NPs are used as drug delivery vehicles, for magnetic resonance imaging, cancer diagnosis, and tissue engineering [30]. Tin oxide has unique electrical properties that depend on the size of its NPs [31]. Tungsten trioxide is often used as sensing material for chemiresistive gas sensors [32]. Titanium dioxide conducts electricity, therefore, it has found application in optical and solar energy, as well as in the medical, food and microbiological industries for the photocatalytic sterilization [33, 34]. Magnesium oxide NPs are utilized to reduce air pollution and as catalysts for organic reactions [35]. Copper oxide NPs have found applications in various catalytic fields, including oxidation and phototherapy [36]. Magnesium, copper, aluminum, and zinc oxides have also proven to be potential antibacterial and antifungal agents [37].

SCIENTIFIC INTEREST IN SILVER AND GOLD NANOPARTICLES AND THEIR ANTIBACTERIAL ACTIVITY

Over the past 20 years, the number of publications found for “gold nanoparticles in medicine” search query has changed annually on Google Scholar² web search engine from 1,360 links in 2003 to 61,900 in 2023, with the largest number found in 2022 (67,800). For “silver nanoparticles in medicine” search query there were 904 publications found in 2003, and in 2023, their number reached 51,500; the largest number (56,600) was also available in 2022 (Fig. 1).

The number of publications for “gold nanoparticles in veterinary medicine” and “silver nanoparticles in veterinary medicine” search queries is almost 9 times less (Fig. 2). The lowest number of links in English on these topics was observed in 2003 (127 and 103, respectively). The largest number of publications for “gold nanoparticles in veterinary medicine” query was available in 2023 (7,570). The number of links for “silver nanoparticles in veterinary medicine” in the same year was the largest in the last 20 years (7,910).

For “наночастицы золота в медицине” search query in Russian, there were only 12 publications on the same web search engine in 2003 and 225 in 2023 (Fig. 3). For “наночастицы серебра в медицине” search query in Russian, 395 publications were found in 2023, whereas in 2003

² <https://scholar.google.com>

there were only 20. The largest number of publications on “наночастицы золота в медицине” was in 2018 (438), and on “наночастицы серебра в медицине” – in 2016 (636).

The number of publications on “наночастицы золота в ветеринарии” and “наночастицы серебра в ветеринарии” in Russian was 5–8 times less than the search results for NPs in the medicine. At the same time, in 2005 absolutely no links were found for each of the search queries (Fig. 4).

The largest number of publications on “наночастицы серебра в ветеринарии” was in 2020 (136), and on “наночастицы золота в ветеринарии” – in 2018 (57).

Further analyzing the interest in the use of nanostructures in medicine, 569 queries on “наночастицы золота в медицине” were recorded in the Yandex search engine from January 2018 to December 2023 (Fig. 5). The largest number of queries was in 2022 (140). The number of queries on “наночастицы серебра в медицине” on yandex.ru³ during the same period was 749. The peak of popularity of search queries on this topic occurred in 2023 (202 requests).

At the same time, there have been no search queries for “наночастицы золота в ветеринарии” and “наночастицы серебра в ветеринарии” on this engine over the past 5 years.

The graphs show (Fig. 1–4) that links in English on nanostructures in medicine and veterinary medicine exceed the number of links in Russian by more than 100 times. Also, based on the number of publications appearing during the year, it is clear that foreign colleagues’ interest in MNPs in medicine decreased only a year ago, in contrast to the interest of our colleagues, which has tended to decrease over the past five years. At the same time, data from Yandex Wordstat suggest an annual increase in the interest of scientists from Russia and the CIS countries in AgNPs in the field of biomedicine. Gold nanoparticles have not aroused stable interest among researchers over the past six years (Fig. 5).

It has been established that the number of foreign studies in the field of veterinary medicine devoted to MNPs is increasing every year (Fig. 2). Russian-speaking veterinary scientists were not consistently interested in investigation of gold and silver NPs since 2015–2016 (Fig. 4).

A difference of 8–9 times between the number of links, both in English and in Russian, on the use of NPs in medicine and in veterinary medicine may be due to the fact that NPs in veterinary practice have not yet found such wide application as in public health. However, research on the use of NPs to treat and diagnose diseases of pets and livestock is also conducted. Vaccines are being developed against a number of significant bacterial and viral diseases, such as equine influenza, bovine viral diarrhea, and Newcastle disease, as well as NPs-based carriers for the delivery of imaging tools, antibiotics, vitamins, and drugs, including those targeting neoplastic diseases [38].

Thus, despite the declining interest of Russian scientists in investigation of nanomaterials use in medicine and veterinary medicine, judging by the number of publications on this topic, our compatriots are more interested in AgNPs and their use as a base for therapeutic drugs. And this is not surprising, because NPs have long been the most widely used antibacterial nanoagents due to their

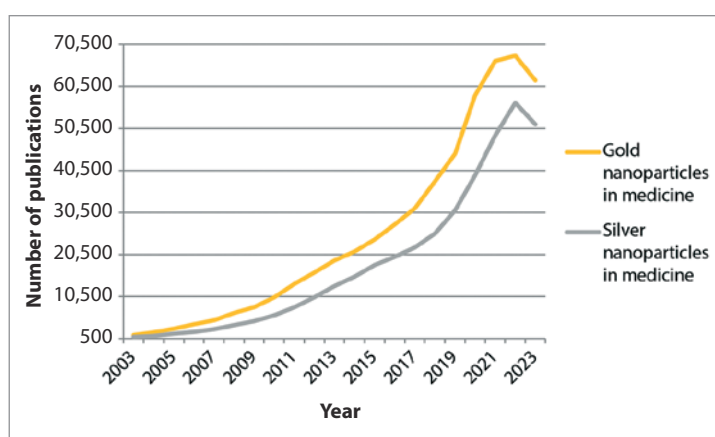


Fig. 1. Publications in English for “gold nanoparticles in medicine” and “silver nanoparticles in medicine” search queries in Google Scholar from 2003 to 2023

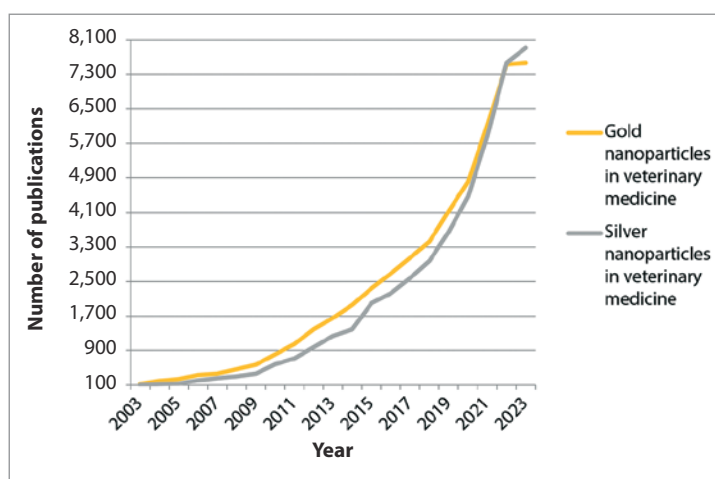


Fig. 2. Publications in English for “gold nanoparticles in veterinary medicine” and “silver nanoparticles in veterinary medicine” search queries in Google Scholar from 2003 to 2023

broad spectrum of action against a variety of bacteria, viruses and fungi [39].

The earliest known reference to the use of silver in medicine goes back to the 19th century, when it was used to prevent gonococcal conjunctivitis in newborns, and later, in the 20th century, silver was used by surgeons for local treatment of burn wounds and as internal anti-septics [40, 41, 42].

Colloidal silver has been produced in a wide variety of forms for over 100 years. Currently, there are many ways to synthesize more effective forms of colloidal AgNPs.

The methods of synthesis of nanoparticles can be conditionally divided into two groups: reduction of silver ions (Ag⁺) and dispersal to nanoscale sizes. The first group involves chemical methods, and the second group involves physical methods. At the same time, nanoscale silver can have various geometric shapes: spherical, pyramids, rods, cubes, etc. [43]. The bactericidal effect of NPs depends on different parameters including size, shape, and the surface charge of the particles [39].

The shape of nanoparticles. As shown by the results of studies conducted in 2016 and 2019 aimed to explore the effect of NPs shapes and facets on antibacterial activity, crystalline particles with a high-atom-density and a higher

³ <https://wordstat.yandex.ru>

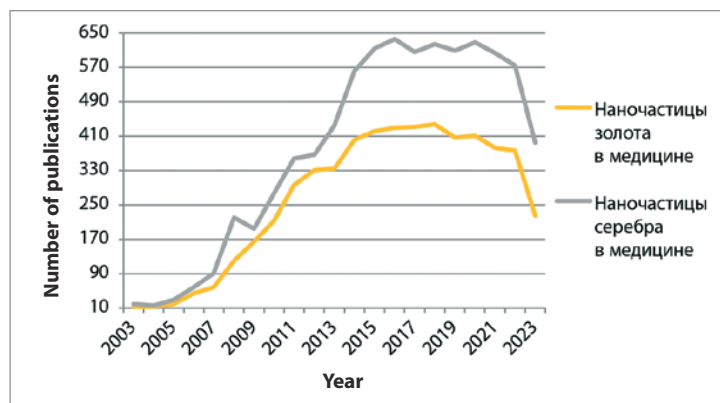


Fig. 3. Publications in Russian for “наночастицы золота в медицине” and “наночастицы серебра в медицине” search queries in Google Scholar from 2003 to 2023

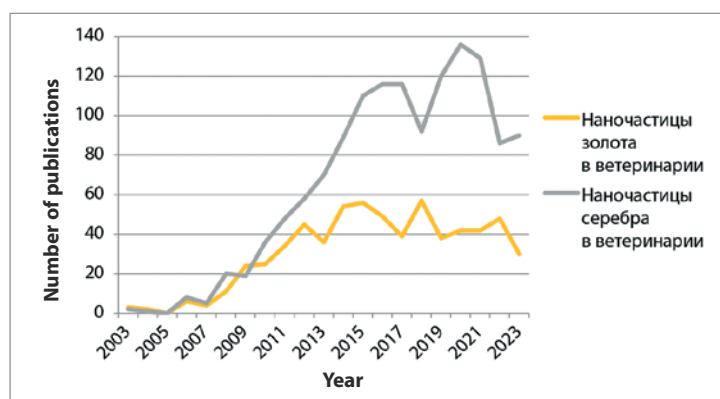


Fig. 4. Publications in Russian for “наночастицы золота в ветеринарии” and “наночастицы серебра в ветеринарии” search queries in Google Scholar from 2003 to 2023

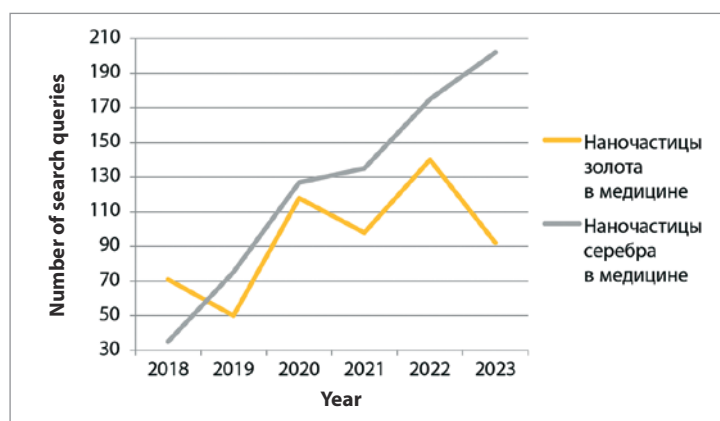


Fig. 5. Publications for “наночастицы золота в медицине” and “наночастицы серебра в медицине” search queries in Yandex from 2003 to 2023

number of facets have better activity against bacteria. For example, triangular silver nanoprisms with 111 facets have a higher atom density and, accordingly, exhibited better antibacterial efficiency than that of the spherical and rod-shaped silver particles with 100 and 110 facets [44, 45]. For example, S. Pal et al. synthesized spherical, rod-shaped NPs and truncated triangular nanoplates, and then evaluated their antibacterial activities against *E. coli* in solution and on agar plates. The researchers concluded

that truncated triangular nanosilver exhibited the highest biocidal activity followed by silver nanospheres and nanorods. Scanning transmission electron microscopy revealed that all nanostructures can bind to membrane surface, alter the cell membrane permeability and subsequently cause the cell death. However, truncated nanotriangles present the highest percentage of exposed facets, which favor the direct interaction with the main components of the cell membrane, lead to the enhanced surface binding, cell uptake, and efficiently killing of bacteria [39].

Helmlinger J. et al. studied the effect of NPs shape on *Staphylococcus aureus*. They concluded that nanoplatelets exhibited the highest toxicity, followed by nanospheres, nanorods, and finally nanocubes [46].

The size of the nanoparticles. Experimental studies observed that the antibacterial activity was directly proportional to the decrease in NPs size: efficiency decreased as NP size increased. For example, AgNPs with a size of 1 to 10 nm are more effective in inhibiting bacterial growth [46, 47, 48]. This is probably due to the concentrated accumulation of NPs in the cell membrane and cytoplasm of microorganisms [49, 50]. It is also suggested that the increased antibacterial activity may be because of the fact that smaller nanoelements are able to release their toxic components at a higher rate due to higher surface-to-volume ratio as the size of the NPs decreases [47, 51]. In addition, recent studies showed that small and medium sized AgNPs strongly affect mitochondrial electron transport, autophagy and phagocytosis, and the integrity and organization of organelles [52].

The surface charge of nanoparticles. The antimicrobial activity of NPs can be changed by modifying their surface charge. Hu C. et al. demonstrated that AgNPs with a positive surface charge have increased antibacterial activity [53]. Antimicrobial activity is also mediated by released Ag^+ ions from NPs surface. This occurs because of oxidative dissolution: first, metallic silver is oxidized in the presence of dissolved oxygen, and then the formed basic oxide is dissolved in acidic conditions. Silver ions also possess high affinity to electron-donating groups that are extensively present on membrane or proteins. Ag^+ ions can readily coordinate with DNA, RNA, peptides forming the insoluble compounds and thus hindering the cell division and reproduction [39].

SILVER NANOPARTICLE-BASED DRUGS

It can be said that rapidly developing AMR brings silver-based drugs to the forefront again.

Currently, there are several types of silver-based drugs of different dosage forms available on the pharmaceutical market.

The most well known drugs are based on colloidal (cationic) silver (Ag^+): these are silver oxide, silver salts (nitrates, sulfates, phosphates), silver complexes (citrate or lactates), and free silver aqueous cations. Colloidal silver products available on the market are “Tinosan SDC” (BASF, Germany), “Argolife” (Art Life, Russia), silver sulfate (Aurat, Russia) [54].

There are also metallic micro-dispersed and nano-dispersed forms of silver products (cluster silver), in which the main amount of silver is in the low-toxic metallic form Ag^0 . Cluster silver products are highly effective and less toxic than products containing a higher amount of cationic silver [55]. Such products include: “AgBion-2” (Concern

"Nanoindustria", Russia), "Argovit" (Vector-Vita, Russia), "Poviargol" (Institute of macromolecular compounds, Russia), "Argonica" (VectorPro, Russia).

Nulvalent (metallic) silver is a separate category of products, namely colloidal ion-free silver (Ag⁰), for example, of the trademark "KND" (Sentosa Factoring NP, Russia): colloidal silver concentrate "KND-S", colloidal silver and copper concentrate "KND-SM", colloidal silver concentrate "KND-S-K", cosmetic raw materials and supplements "AREGONA (KND-SP)" [54].

As noted above, preparations containing silver in a finely dispersed form are significantly less toxic than products based on silver salts. Nulvalent silver products are much less toxic than those based on cluster silver. This is due to the almost complete absence of cationic Ag in nulvalent silver.

Cationic silver is also reduced in its composition and incompatible with many components of practical systems (for example, with saline solutions), unlike cluster and nulvalent silver, which are more compatible and stable [55].

Nanosilver-based drugs are very promising for use in veterinary medicine and zootechnics. AgNPs can be used for biosafety purposes on farms, for hatchery fumigation, sterilization of poultry houses and cages. It has been found that AgNPs can improve the adaptive immune system of birds [56] and hatching rates [57]. In 2023, physiologically stable, bio-compatible AgNPs were produced which may be used for targeted drug delivery in veterinary medicine that could offer enhanced therapeutic efficacy with minimal side effects [58]. In the same year, it was found that the addition of nanosilver to milk fed to calves has a positive effect on their metabolism. Therefore, nanosilver can be used to prevent infectious diseases of calves during the first month after their birth, which will mitigate the risks of AMR development and improve livestock production performance [59].

DISTRIBUTION OF NANOPARTICLES IN THE BODY

The distribution of a pharmaceutical substance containing nanoelements in organs and tissues changes significantly, affecting the pharmacodynamics of the drug. In this regard, the study of NPs biodistribution is the most important stage in the studies [60]. However, currently most NPs are still in the preclinical evaluation phase with few approved for clinical use. Most articles are devoted to *in vitro* studies of nanomaterials and there are relatively few publications on *in vivo* biodistribution studies. At the same time, the lack of concrete data on the distribution and accumulation of NPs in organs and tissues limits their application [61, 62].

Pharmacokinetic studies are needed to assess the distribution of NPs and their toxicity. Absorption, distribution, metabolism and elimination are the four processes that make up pharmacokinetics [63]. Few pharmacokinetic studies of nanoforms have been conducted, and only nanomaterials are controlled^{4,5}, but there are no standards and regulations regarding NPs biodistribution, which makes the evaluation of this parameter difficult.

⁴ On supervision of nanotechnology products and nanomaterial-based drugs: Regulation of the Chief Medical Officer of the Russian Federation 23.07.2007 No. 54. <https://docs.cntd.ru/document/902056894>

⁵ Procedure and organization of control over nanomaterials: Guidelines of 17.10.2011 MI 1.2.2966-11, <https://docs.cntd.ru/document/1200095623>

The biodistribution of MNPs depends on NPs' type, size, surface charge, protein binding, effects, dose and/or hydrophobicity [62, 63].

The rate and degree of absorption are influenced by the physiological environment and the NPs' characteristics. Nanoformulations pass across physiological and physical barriers that selectively block the transport of molecules, reducing NPs bioavailability. Cellular uptake is heavily influenced by size, surface charge, and shape [64, 65]. The route of administration and the characteristics of the NPs affect absorption [62].

The MNPs with a negative surface charge has a higher absorption rate at the gastrointestinal membrane in the oral route, and it is related to the size of the small intestine. The pulmonary route has a larger contact area, which makes absorption easier [62].

The major routes of MNPs-based drug administration are oral, inhalation, dermal and directly into the blood stream by intraperitoneal or intravenous injection [63].

Generally, blood half-life is shorter in rodents than in larger laboratory animals (e.g., rabbits or monkeys) and differs between intravenous and oral exposures. Oral, dermal, or inhalational absorption is low ($\leq 5\%$), but may increase with smaller sizes, negative charge, and appropriate coatings [63].

Metallic NPs can be distributed throughout the body, primarily accumulating in the liver, spleen, and lymph node due to nonspecific uptake by reticuloendothelial cells, and could remain in the body for ≥ 6 months. Metallic NPs (≤ 100 nm) can cross the blood-brain barrier (BBB), favored by coating with BBB-permeable neuropeptides. Placental transfer depends on the stage of embryonic/placental maturation and surface composition of NP, and may be enhanced by coating with biocompatible molecules (e.g., ferritin or polyethylene glycol). Renal and biliary excretion is generally low due to persistent accumulation in tissues, but renal elimination could be substantially increased with smaller sizes and specific coatings (e.g., glutathione) [66].

DISTRIBUTION AND TOXICITY OF SILVER NANOPARTICLES

The absorbed AgNPs are dispersed throughout many systems, including the dermis, respiratory, spleen, digestive, urinary, nervous, immune, and reproductive systems. The primary distribution sites are the spleen, liver, kidneys, and lungs. Little AgNP deposition seen in the teeth and bones [63].

In addition to directly exposed tissues, NPs are also delivered to various organs with blood circulation. Nanosilver particles easily penetrate the body and cross biological barriers (BBB and blood-testis barrier) and can potentially produce a cytotoxic effect. Thus, non-specific distribution of AgNPs may produce cytotoxicities such as dermal toxicity, ocular toxicity, respiratory toxicity, hepatobiliary toxicity, neurotoxicity and reproductive toxicity, which limit the applications of AgNPs. The potential cytotoxicity of AgNPs depends on the routes of administration and the properties or characteristics of the AgNPs, such as the size, shape, and concentration (Fig. 6) [63].

However, the specific mechanisms of MNPs and AgNPs distribution and accumulation in various tissues and organs, as well as their potential toxicity, have not yet been sufficiently studied [5, 62].

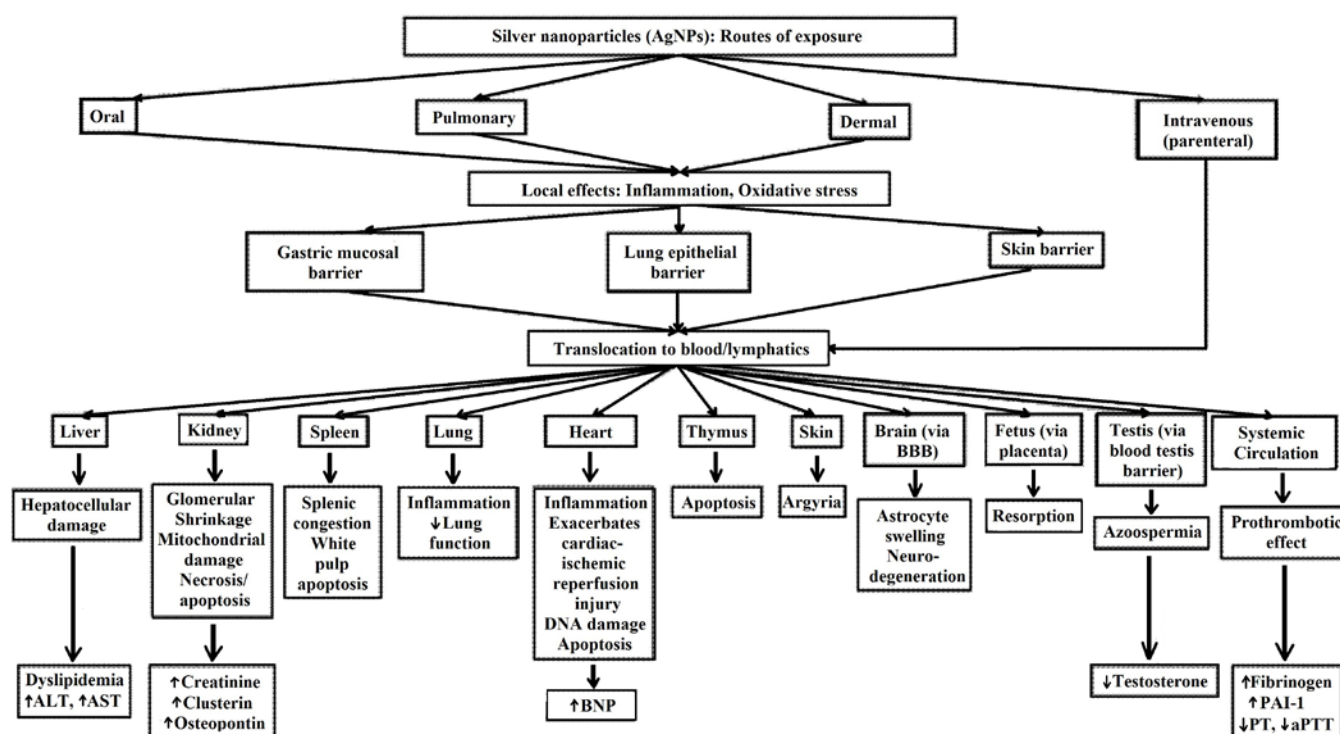


Fig. 6. Biodistribution and toxicity of silver nanoparticles for different exposure routes [63]

IMPACT OF SILVER NANOPARTICLES ON ANIMAL BODY

Silver nanoparticles may have different effects on the physiological parameters of animals, depending on the duration of use and doses of silver-based drugs. At the same time, both healthy and diseased animals always demonstrate changes in the biochemical and morphological blood parameters. Nanosilver mainly affects red blood cells and platelets, to a lesser extent affecting monocytes and leukocytes. Previously, O. A. Zeinalov et al. noted a moderate increase in platelet count and a decrease in white blood cell counts in healthy mice treated with high doses of highly dispersed metallic AgNPs [67]. Also E. M. Tsygankov et al. detected an increase in red blood cells and platelet counts in replacement flocks after using a cluster silver-based drug [68]. Study of 2021 found a significant decrease in white blood cell levels after using nano-dispersed silver to treat cows with serous mastitis, and a slight decrease in monocyte counts and an increase in hemoglobin levels were also observed [11]. When using highly dispersed nanosilver in mice with Newcastle disease, the monocyte count decreases, the mean corpuscular hemoglobin concentration decreases, and red blood cells, hemoglobin, and hematocrit levels increase [69].

Silver nanoparticles are particularly attractive for veterinary medicine as dietary supplements used to increase animal performance and immunity [10, 11, 12, 13]. There are publications describing the promising use of virocidal agents based on nano- and organic silver to prevent Newcastle and Aujeszky's diseases [69, 70, 71]. It is also well known that NPs in drinking water or dietary supplements exert anabolic effect; they can increase body weight and muscle mass [72, 73, 74, 75].

However, as mentioned above, AgNPs mainly accumulate in the "filter organs" of the body, and can cross bio-

logical barriers. Toxic effects and cognitive impairment are noted after prolonged use of silver-containing drugs in animals, presumably due to the accumulation of AgNPs in the brain; and the use of silver-based drugs during mating, pregnancy and lactation of animals leads to a significant accumulation of AgNPs in tissues and organs not only of parents, but also of their offspring [76, 77].

Thus, AgNPs administered in doses not exceeding 10 mg per 1 kg of body weight per day have biotic effects: they stimulate the respiratory function of the blood, increase red blood cells and hemoglobin levels; they stimulate the body defenses by increasing white blood cell count in the bloodstream [67, 68, 78]. Low doses and administration of nanosilver for maximum 30 days exert no significant effect on the gut microbiota and increase the animal performance [72, 73, 74, 75]. The use of silver-containing drugs in high concentrations, as well as their prolonged use, negatively affects the mammalian body, and even can cause death [76, 77, 79].

Therefore, further in-depth studies of the biodistribution, compatibility and potential toxicity of NPs are still needed to facilitate the development of effective dietary supplements and safe drugs [5, 60, 62, 63, 66, 79].

CONCLUSIONS

Based on the analysis of publications it can be concluded that.

1. Over the past 20 years, a wide range of nanomaterials have been introduced in biomedicine, veterinary medicine and diagnostics. They are divided into organic and inorganic NPs. The latter include NPs of gold, silver, copper oxide, zinc oxide, magnesium oxide, iron oxide, titanium dioxide and aluminum.

2. The use of NPs in veterinary practice has not yet found such widespread use as in public health, but it keeps expanding every year.

3. AgNPs are of the greatest interest to Russian scientists, as they have long proven themselves as an antibacterial nanoagent.

4. There are physical and chemical methods for NPs synthesis. They include reduction of silver ions (Ag⁺) and dispersal to nanoscale sizes.

5. The antibacterial activity of AgNPs is influenced by their shape, size and surface charge.

6. Currently, there are three types of silver-based drugs: colloidal (cationic), cluster and nulvalent (metallic).

7. The biodistribution of MNPs is affected by the type of particles, their size, surface charge and coating, protein binding, as well as the exposure route and dose.

8. The distribution of AgNPs does not differ from the MNPs pharmacokinetics, while nanoscale silver most often accumulates in the spleen, liver, kidneys and lungs, which potentially can be cytotoxic.

9. Nanosilver administration in low doses and maximum for 30 days strengthens the immunity and improves the performance of animals, and prolonged use of AgNPs and/or administration in high concentrations contributes to the accumulation of silver in mammalian organs and tissues, exerting a toxic effect.

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